



# Multivitamin Complex



For Everyday Good Health\*  
With Minerals & Herbs

Dietary Supplement

90 TABLETS

2

HERBALIFE FORMULA

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Multivitamin Complex provides 22 essential vitamins and minerals. It includes the antioxidant vitamins C, E and beta carotene, plus B-vitamins and a unique blend of herbs\*. Leading nutrition authorities recommend that all adults should take a multivitamin daily.

**DIRECTIONS:** Take one tablet three times a day with meals.

**INSTRUCCIONES:** Tomar una tableta tres veces al día con los alimentos.

**For Best Results:** Combine with ShapeWorks™ Formulas 1 and 3: Nutritional Shake Mix and Personalized Protein Powder.

We offer a **30-day money-back** guarantee to assure your complete satisfaction. This exclusively formulated product is only available through Herbalife Independent Distributors. Polyoids® is a registered trademark of Triarco Industries, Inc.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under age 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison-control center immediately.

**AVISO:** La sobredosis accidental de productos que contienen hierro es una de las principales causas de envenenamiento fatal en niños menores de 6 años. Mantenga este producto fuera del alcance de los niños. En caso de una sobredosis accidental, inmediatamente llame a un médico o a un centro de envenenamiento.

Contiene ingredientes de soya.

## Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 90

Amount Per Serving % DV**		Amount Per Serving % DV**	
Vitamin A (50% as retinyl acetate and 50% as beta carotene)	1666 IU 33%	Zinc (as zinc gluconate)	5 mg 33%
Vitamin C (as ascorbic acid)	50 mg 83%	Selenium (as selenomethionine)	17 mcg 24%
Vitamin D (as cholecalciferol)	133 IU 33%	Copper (as copper gluconate)	0.5 mg 25%
Vitamin E (as dl-alpha tocopheryl acetate)	10 IU 33%	Manganese (as manganese gluconate)	1.7 mg 85%
Thiamin (as thiamine hydrochloride)	6.7 mg 447%	Chromium (as chromium GTF, polynicotinate and picolinate)	33 mcg 28%
Riboflavin	8.3 mg 488%	Potassium (as potassium gluconate and glycerophosphate)	30 mg <1%
Niacin (as niacinamide)	33.3 mg 166%	Vanadium (as vanadium amino acid chelate)	2 mcg †
Vitamin B6 (as pyridoxine hydrochloride and pyridoxal-5-phosphate)	10 mg 500%	Herbal Blend	16 mg †
Folate (as folic acid)	133 mcg 33%	Choline Bitartrate, Inositol, Bee Pollen, Broccoli, Cabbage, Carrot, Cauliflower, Citrus Bioflavonoids, Garlic, Licorice (Root), Limonene, Polyoids®, Spinach, and Vegetase.	
Vitamin B12 (as cyanocobalamin)	2 mcg 33%		
Biotin	100 mcg 33%		
Pantothenic Acid (as d-calcium pantothenate)	6.7 mg 67%		
Calcium (as calcium carbonate)	167 mg 17%		
Iron (as ferrous fumarate)	2 mg 11%		
Iodine (as potassium iodide)	50 mcg 33%		
Magnesium (as magnesium oxide)	66.7 mg 17%		

\*\* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

**OTHER INGREDIENTS:** Stearic Acid, Silicon Dioxide, Croscarmellose Sodium, Acacia, Microcrystalline Cellulose, Magnesium Stearate, Betaine Hydrochloride, Dextrin, Para Amino Benzoic Acid, Dextrose, Soy Lecithin, Sodium Carboxymethyl Cellulose, Shellac, Ethyl Cellulose and Sodium Citrate. **Contains Soybean Ingredients.**

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